Current Information on the Coronavirus no. 4
(Update 1: 06/02/2020; Update 2: 27/02/2020; Update 3: 04/03/2020)

Dear members of the university community at UAS Neubrandenburg,

As the situation regarding the so-called coronavirus is still very much present, we have updated our information below:

**General Information:**
As the situation can change relatively quickly, please keep up to date with the corresponding recommendations on a daily basis. In order to counteract the further spread of the virus, we ask you to consult the following websites regularly to find out about current developments.

Robert Koch Institute:
[https://www.rki.de/DE/Content/InfAZ/N/Neuartiges_Coronavirus/nCoV.html](https://www.rki.de/DE/Content/InfAZ/N/Neuartiges_Coronavirus/nCoV.html) [de]

Federal Ministry of Health:

Federal Centre for Health Education:
[https://www.infektionsschutz.de/coronavirus-sars-cov-2.html](https://www.infektionsschutz.de/coronavirus-sars-cov-2.html) [de]

Furthermore, Mecklenburg-Vorpommern’s Ministry of Health has set up a telephone hotline for all questions related to the novel coronavirus.
Contact experts by calling: +49 385 588 5888 (availability: Monday to Thursday 9.00 a.m. to 12.00 p.m. and 1.00 p.m. to 3.00 p.m.; Friday 9.00 a.m. to 12.00 p.m.).

Information and news are also made available via the information and news app “Nina”. The news articles are published by the Situation Centre at Mecklenburg-Vorpommern’s Ministry of the Interior.
Hygiene Practices
Currently the best way to protect yourself from an infection with the coronavirus is to observe general hygiene practices. These include in particular:

- Wash your hands with soap regularly and thoroughly (for at least 20 seconds).
- Avoid coming into direct contact with others when you meet them. Do not shake hands.
- Keep as far away from others as possible or turn away from them if you need to cough or sneeze; please use your elbow or a disposable tissue.
- If possible, use your elbow or make use of a disposable tissue to operate door handles, taps etc.
- Use disposable tissues and dispose of them after use, if you don’t have any at hand: use your elbow to cover your nose and mouth when coughing and sneezing and turn away from other persons.

Further hygiene measures can be found at:
https://www.infektionsschutz.de/hygenetipps.html [de]

What you should do if you suspect you might be ill:
Please keep calm in all situations and make use of the information that we have sent out previously.

In order to protect third parties, UAS Neubrandenburg currently insists that persons (employees, students, lecturers and guests) who belong to the following risk groups, avoid any unnecessary direct contact to other persons and stay at home:

- Persons who have visited a risk area (see: https://www.rki.de/DE/Content/InfAZ/N/Neuartiges_Coronavirus/Risikogebiete.html [de]) within the last 14 days

  and/or

- Persons who have been in contact with a person who has been diagnosed with a confirmed case of COVID-19 within the last 14 days

  and/or

- Persons who have symptoms such as a high temperature, muscle ache, cough, runny nose, diarrhoea etc.

These persons should call their general practitioner immediately (do not, under any circumstances, go to your GP’s practice without calling them in advance) or contact the on-call medical services (Tel.: 116117).

Persons who have been in a risk area and/or have had contact with a person who has been diagnosed with a confirmed case of COVID-19 must also contact the responsible Public Health Office (Gesundheitsamt) as soon as possible.

You must also immediately notify the University’s Rectorate or Ms. Perschall (perschall@hs-nb.de or corona@hs-nb.de).
Likewise, if members of the university community have tested positive for the coronavirus, please notify us immediately. Persons affected are not allowed to access the university premises until they have been checked over by a doctor.

No special safety measures are necessary for members of the university community who have not been to a risk area, have not had any contact with a person who has fallen ill with the coronavirus, and do not show any signs of illness. Therefore, these persons can come to work or visit their classes as usual and without any restrictions.

By no means does being worried about contracting the coronavirus justify avoiding contact to Chinese or other foreign students or members of staff or their relatives, or putting them under general suspicion.

**Work-Related Travel and Conferences/Events:**
We continue to urge members of the university community to cancel any trips to risk areas defined as such by the RKI. Currently work-related travel to these areas shall not receive approval.
For all other trips abroad, please take note of the Federal Foreign Office’s up-to-date travel and safety information.
For other work-related travel and participation at events with a large number of participants, the members of the university community must consider the urgency of the trip, the event location, the persons attending the event and the local circumstances that can be expected at their own discretion to determine whether it is sensible for them to attend the event. Please discuss this situation with your line manager/superior.
You will receive further information via email that will be marked in numerical order.

Stay healthy!

Yours faithfully,

Eckstein

Further recipients:

Campus Mailverteiler